



NATIONAL  
CHURCH OF ENGLAND  
ACADEMY

FOUNDED 1788

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Ref: RKi/AHA/MBR

Dear parents/guardians

### Home testing using LFDs

Up to one in three people who have COVID-19 can spread the virus without knowing. This is because they have no symptoms. To reduce the spread of the virus, we need to identify those individuals. We can do this by carrying out tests at home twice every week, 3-4 days apart.

### **Testing students at home:**

Students will be given test kits in school which they will bring home for home testing to take place. If your child does not want to be involved in testing at home then please ask them to decline the test kits when offered by their form tutor.

Tests are free of charge. Students will receive a pack of 3 or 7 tests in a box with a leaflet on how to take the test and report the results.

Make sure your child has enough time to do the test before going to school. Preferably this would be in the morning before going into school on a Monday and a Thursday. However, we understand that for some people this may be challenging. Therefore, tests can be taken the evening before, if needed. You need to report test results.

### **Taking the test:**

Students should take the test, before coming into the academy, twice a week. There is a leaflet with instructions on how to do the test with the kit. There is also a useful video to show you [how to take the test](#).

[Help and support is available](#), including instructions in different languages on how to test and report the results and a video showing you how to take the test. There is no need to keep used test equipment after the test result has been reported. You can put it in your normal bin (household waste).

This does not replace symptomatic testing. If you have symptoms, you should self-isolate immediately, book a [PCR test](#) and follow [national guidelines](#).

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## What should you do after the test?

Anyone with a positive test result will need to:

- self-isolate in line with the [stay at home guidance](#)
- [book a further test](#) (a lab-based polymerase chain reaction (PCR) test) to confirm the result, whether the test was done at home, school or college.

Whilst awaiting the PCR result, the individual should continue to self-isolate.

If the PCR test is taken within the 2 days following the positive LFD result, and is negative, it overrides the self-test LFD test and your child can return to school, as long as they don't have COVID-19 symptoms.

If you are fully vaccinated or aged under 18 years and 6 months, you will not be required to self-isolate if you live in the same household as someone with COVID-19. Please refer to [Stay at home: guidance for households with possible or confirmed coronavirus \(COVID-19\) infection](#) for more information.

If the result of the test is **unclear (void)** you should do another test.

A negative result does not guarantee that you are not carrying the virus. So, you should continue to follow social distancing, and other measures to reduce transmission such as regularly washing your hands and observing social distancing.

If you or anyone in your household gets symptoms of the virus you should follow [national guidelines](#) on self-isolation and testing.

## You need to report each test result:

**NHS test and trace:** The result of each test needs to be reported using the NHS Test & Trace self-report website: <https://www.gov.uk/report-covid19-result>.

**Reporting the result to our academy:** You will also need to report the result to our academy by clicking the following link [here](#). Your child will need to log the result using their academy email/username and password.

## Why take part?

Taking part in testing is voluntary and all students will be able to attend school whether they take part in testing or not. I am strongly encouraging all students to take part. Testing at home will allow your child and other students to attend school as safely as possible.

Please contact Mrs Kirk at [rkirk@nationalacademy.org.uk](mailto:rkirk@nationalacademy.org.uk) or Mr Hawkins at [ahawkins@nationalacademy.org.uk](mailto:ahawkins@nationalacademy.org.uk) if you have any specific questions.

Thank you for your support.

Yours sincerely



Mr M Brailsford  
Head Teacher



Mr A Hawkins  
Deputy Head



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## *Some frequently asked questions*

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### **Can my child take the test themselves?**

Students aged 18 and over should do the test themselves and report the result, with help if they need it.

Students aged 12-17 should do the test themselves with adult supervision. The adult may help the student to take the test if they need support.

Students aged 11 must be tested by an adult and the adult must report the result.

### **Reporting problems or issues with testing:**

If there is an issue with the test kit, for example something is missing, please report it by calling **119** and please also report it to the National Academy.

If an accident or injury happens whilst using the test kit, please seek medical care by calling 111 (or 999 if it is an emergency). Please also report what happened using this website: <https://coronavirus-yellowcard.mhra.gov.uk/>

### **What type of tests will be used?**

We will be sending home Lateral Flow Device (LFD) tests. They are a fast and simple way to test people who do not have symptoms of COVID-19, but who may still be spreading the virus.

The tests are easy to use and give results in 30 minutes.

Further information: <https://www.gov.uk/guidance/understanding-lateral-flow-antigen-testing-for-people-without-symptoms>

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### **Are LFD tests accurate?**

Lateral Flow Devices identify people who are likely to be infectious. These individuals tend to spread the virus to many people and so identifying them through this test is important.

These tests have been widely and successfully used to detect COVID-19 in asymptomatic individuals and are approved by the Medicines and Healthcare products Regulatory Agency (MHRA). The speed and convenience of the tests supports the detection of the virus in asymptomatic individuals, who would not otherwise have got tested.

The tests are highly specific, with low chance of false positives. They are also very sensitive and are able to identify the majority of the most infectious yet asymptomatic individuals. Extensive evaluation has been carried out on the tests and it shows that they are both accurate and sensitive enough to be used in the community for screening and surveillance purposes.

It is important to remember that these tests are only an aid to help stop the spread of the virus and you should continue to follow other guidance such as on wearing face coverings and social distancing.

### **How are LFD tests different to PCR tests?**

There are 2 main types of test to check if you have coronavirus:

- polymerase chain reaction (PCR) tests check for the genetic material (RNA) of the virus in the sample - you send the sample for processing at a lab
- lateral flow device (LFD) tests detect proteins called 'antigens' produced by the virus

LFD tests give rapid results, in 30 minutes after taking the test.

### **Do I need to send the test to a lab?**

No. The LFDs supplied do not need to be sent to a laboratory to get a result and can give a quick result in around 30 minutes. Guidance on self-testing is contained in the 'Instructions for Use' leaflet, which comes with the test kit. There is also a useful video to show you how to take the test [here](#).

### **Can I or someone else in my household use a test kit sent home from school?**

No, however your household members can test themselves twice every week from home. This testing can be accessed through the following channels:

- get a rapid test at work, through workplace testing. Ask your employer for more information
- attend a test site to get tested where you will be able to see how to take the test or pick up tests to do at home (you can find your nearest test site via the postcode checker [www.gov.uk/find-covid-19-lateral-flow-test-site](http://www.gov.uk/find-covid-19-lateral-flow-test-site) or check your local council website)
- collect tests to do at home. Find your nearest collection site [COVID Test Finder \(test-and-trace.nhs.uk\)](https://www.test-and-trace.nhs.uk)

If these options are not possible, there will be a supply of rapid tests for order online for people who need them the most. More information can be found on [www.gov.uk/order-coronavirus-rapid-lateral-flow-tests](http://www.gov.uk/order-coronavirus-rapid-lateral-flow-tests)

### **How will personal information and test results be shared?**

When your child takes a Lateral Flow test, you need to report the result. This is so that their test result can be traced, which means that you need to share some information about your child.



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You need to tell NHS Test & Trace:

- your child's name
- your child's test result
- the reference number on the test kit

You will also need to tell your child's school or college their test result.

Under UK law, your child's school or college can collect and store test result data because it is in the 'public interest'. This means that your child's data helps us to stop the spread of the virus, and to keep your children in school. For example, we will tell your child to self-isolate if they get a positive test result.

Schools and colleges will only share information with the Department of Health and Social Care (DHSC) if the test kits used are found to be faulty. If this happens, DHSC will use our information to contact people who used the faulty tests, so that they can be tested again. This will ensure that testing is accurate and helps keep us all safe.

When you report test results online, you are sharing information with DHSC. They may share the information with your GP, local government, NHS, and Public Health England. This is so that they can offer your family health services and guidance if your child needs to self-isolate. They might also use your child's data anonymously (without their name or contact information) to research COVID-19, and improve our understanding of the virus. For more information on how personal data is used for testing please see the detailed privacy notice at the following link [here](#).

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