

# Approach to spirituality – Year 10

## Our approach to spirituality



## Developing spirituality through our enrichment offer

Some examples include:

- ARCH Ambassadors
- Ski trip
- Theatre visit
- London RS residential
- Geography fieldwork
- Germany Visit

## Developing spirituality through the curriculum

Here are some examples:

Art – natural forms

History – health and people

Maths – ratio of faiths in a community, what would that mean for our class?

Photography – nature and natural forms

## Developing spirituality through collective worship and tutor activities

Some examples include:

- Remembrance
- Thought for the day
- Year group collective worship
- Global/current affairs

Spirituality is about thinking about big questions, like Why are we here? and What is the purpose of life?

It is not dependent on religious belief.

Spirituality also means trying to understand who we are, both as individuals and as part of a group or community.

Everyone has the ability to be spiritual naturally. It is not something you can measure. Instead, it is about becoming more aware of these thoughts and feelings over time.

You don't reach a final stage where you are "fully developed" spiritually. Instead, you are always learning, growing, and thinking more deeply about life.