

Approach to spirituality – Year 13

Our approach to spirituality



Developing spirituality through our enrichment offer

Some examples include:

- London visit
- University visits
- Fieldwork
- Social Action

Developing spirituality through the curriculum

Here are some examples:

Psychology – links between biology and the human mind

Biology – populations and ecosystems – do human beings have any additional responsibility for caring for the planet?

Physics – wave theory – does religious faith have a place in scientific discussion?

Art – looking at the work of artists and craftspeople locally, nationally and across the globe.

RE – body, mind and soul – do we have a soul separate to the human body?

Developing spirituality through collective worship and tutor activities

Some examples include:

- Remembrance
- Thought for the day
- Year group collective worship
- Global Affairs Quiz
- Y13 Leaving Service

Spirituality is about thinking about big questions, like Why are we here? and What is the purpose of life?

It is not dependent on religious belief.

Spirituality also means trying to understand who we are, both as individuals and as part of a group or community.

Everyone has the ability to be spiritual naturally. It is not something you can measure. Instead, it is about becoming more aware of these thoughts and feelings over time.

You don't reach a final stage where you are "fully developed" spiritually. Instead, you are always learning, growing, and thinking more deeply about life.