

LUNCH WEEK 1



MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

MAIN MEAL #ONE

Cottage pie topped with potato & carrot mash

Marinated chicken pieces, wings & sides

Roast of the day, seasonal vegetables, stuffing & gravy.

Delhi tikka chicken masala, rice and Sides

'Chip Shop' Friday

MAIN MEAL #TWO

Hot pasta bake

Mac 'n' cheese

Hot pasta bake

Mac 'n' cheese

Cheese and onion pasty and chips

HANDHELD

Brazilian chicken wrap

Authentic Italian pizza slice

Marinated chicken wrap/naan

Authentic Italian pizza slice

Shredded chicken fillet on a wholemeal baguette

BOWLED OVER

Cold pasta pots available – various toppings

Cold pasta pots available – various toppings

Cold pasta pots available – various toppings

Cold pasta pots available – various toppings

Cold pasta pots available – various toppings

DESSERTS

Selection of home bakes available daily

Selection of home bakes available daily

Selection of home bakes available daily

Selection of home bakes available daily

Selection of home bakes available daily

caterlink
feeding the imagination

24.01.22, 21.02.22,
14.03.22,

V2 19.01.22

Selection of fresh sandwiches available daily

ALLERGIES

PLEASE SPEAK TO OUR STAFF MEMBERS IF YOU HAVE ANY ALLERGIES AND NEED TO KNOW WHAT IS WITHIN EACH OF OUR DISHES. THEY WILL ADVISE YOU ON YOUR AVAILABLE FOOD CHOICES.

PRE ORDER JACKET STATION

Sweet potatoes and Jacket potatoes with various fillings on offer including; cheddar cheese, baked beans and tuna with mayonnaise

PRE ORDER

VEGAN OPTIONS AVAILABLE DAILY!

THE UPROOTED KITCHEN

LUNCH WEEK 2



MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

MAIN MEAL #ONE

Baked chicken meatballs in a spicy tomato & basil sauce served with rice

Beef chilli nachos, salsa & paprika rice

Roast of the day, seasonal vegetables, stuffing & gravy

Flavoured chicken strips served in flatbread with authentic salads

Battered fish, chips, peas, lemon & tartare sauce

MAIN MEAL #TWO

Hot pasta bake

Mac 'n' cheese

Hot pasta bake

Mac 'n' cheese

Cheese and onion pastry and chips

HANDHELD

Authentic Italian pizza slice

Tikka chicken khobez/wrap with slaw & sauce

Authentic Italian pizza slice

BBQ beef burrito

Authentic Italian pizza slice

BOWLED OVER

Cold pasta pots available – various toppings

Cold pasta pots available – various toppings

Cold pasta pots available – various toppings

Cold pasta pots available – various toppings

Cold pasta pots available – various toppings

DESSERTS

Selection of home bakes available daily

Selection of home bakes available daily

Selection of home bakes available daily

Selection of home bakes available daily

Selection of home bakes available daily

caterlink
feeding the imagination

Selection of fresh sandwiches available daily

31.01.22, 28.02.22, 21.03.22

V2 19.01.22

ALLERGIES

PLEASE SPEAK TO OUR STAFF MEMBERS IF YOU HAVE ANY ALLERGIES AND NEED TO KNOW WHAT IS WITHIN EACH OF OUR DISHES. THEY WILL ADVISE YOU ON YOUR AVAILABLE FOOD CHOICES.

PRE ORDER JACKET STATION

Sweet potatoes and Jacket potatoes with various fillings on offer including; cheddar cheese, baked beans and tuna with mayonnaise

PRE ORDER

VEGAN OPTIONS AVAILABLE DAILY!



LUNCH WEEK 3



MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

MAIN MEAL #ONE

Bangers & mash with garden Peas & gravy

Italian beef lasagne served with house salad & garlic bread

Roast of the day, Seasonal vegetables, stuffing & gravy

Chicken tikka masala, rice & sides

Battered fish, chips, peas, lemon & tartare sauce

MAIN MEAL #TWO

Hot pasta bake

Mac 'n' cheese

Hot pasta bake

Mac 'n' cheese

Cheese and onion pasty and chips

HANDHELD

Authentic Italian pizza slice

Sweet chilli chicken wrap

Authentic Italian pizza slice

Ham & cheese panini

Authentic Italian pizza slice

BOWLED OVER

Cold pasta pots available – various toppings

Cold pasta pots available – various toppings

Cold pasta pots available – various toppings

Cold pasta pots available – various toppings

Cold pasta pots available – various toppings

DESSERTS

Selection of home bakes available daily

Selection of home bakes available daily

Selection of home bakes available daily

Selection of home bakes available daily

Selection of home bakes available daily

caterlink
feeding the imagination

17.01.22, 07.02.22,
07.03.22, 28.03.22

V2 19.01.22

Selection of fresh sandwiches available daily

ALLERGIES

PLEASE SPEAK TO OUR STAFF MEMBERS IF YOU HAVE ANY ALLERGIES AND NEED TO KNOW WHAT IS WITHIN EACH OF OUR DISHES. THEY WILL ADVISE YOU ON YOUR AVAILABLE FOOD CHOICES.

PRE ORDER JACKET STATION

Sweet potatoes and Jacket potatoes with various fillings on offer including; cheddar cheese, baked beans and tuna with mayonnaise

PRE ORDER

VEGAN OPTIONS AVAILABLE DAILY!

THE ROOTED KITCHEN